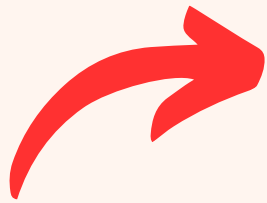


MURAL ART: A WALL OF INSPIRATION

**BANGUNAN UNIT KERJA SOSIAL PERUBATAN,
HOSPITAL BAHAGIA ULU KINTA, TANJUNG
RAMBUTAN, IPOH, PERAK**

**25 – 27 AUGUST 2023
(FRIDAY – SUNDAY)**

**DRAWING AND PAINTING
MURAL ON THE HOSPITAL
BUILDING.**



**20 staff and 5 students from
FBF were involved in the
activities**



Purpose of the project:

- Providing a therapeutic environment and to support the healing process by creating a calming and supportive environment for the patients and staff.
- Providing a visual distraction and reducing anxiety by diverting attention away from negative thoughts or feelings, providing a positive focus and promoting a more relaxed state of mind.
- Encouraging reflection and inspiration to the patients and staff through the visual representation of the mural.
- Engaging staff in meaningful and purposeful activities in order to foster a sense of empowerment, boosts self-esteem, and provides a sense of accomplishment.
- Promoting social interaction and connection by collaborating on events with the HBUK staff.
- Improving good health and well-being as well as maintaining community sustainability through the UTAR community outreach program.

