

# SUGAR IS A **SWEET** **POISON**

9th May 2024  
(Thursday)

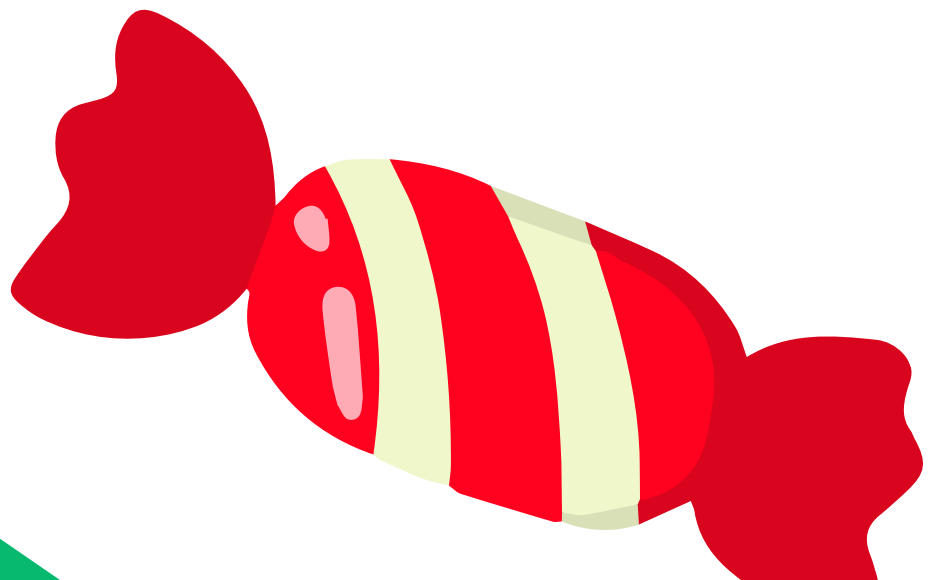
10.00am-12.00pm



Q-dees Kampar

# Purpose of the Event

1. To brief the student about the disadvantage of consuming sugar.
2. To create an awareness of sugar consumption.
3. To produce a healthy generation.



Consume less Sugar.  
Sugar may be sweet  
but is is also deadly if  
taken over the limit.

Your body can't  
survive without sugar.  
Therefore, moderation  
intake is required for a  
body to be healthy.

There are 6 FBF staff and 2 students involved in the visit

1. Ms Rajaletchumy a/p Mani
2. Ms Vinothiny a/p Subramaniam
3. Ms Kalai Vani a/p Kalimuthu
4. Dr Yiew Thian Hee
5. Mr Suresh a/l Nadeson
6. Dr. Gopalan

1. Abhilashini a/p prabagaran
2. Sneha a/p Ramesh



Sugar